



# **How To Survive Your 40Th Birthday: The Complete Guide to Getting the Care You Need-- And Avoiding Problems You Don't**

*Bill Dodds*

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# How To Survive Your 40Th Birthday: The Complete Guide to Getting the Care You Need--And Avoiding Problems You Don't

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### **Here's a great gag gift for anyone turning 40!**

*How To Survive Your 40th Birthday* is a perfect gift for thirty-nine-year-olds dreading the Big Four 40. It provides reassurance that there's more to life after forty: old age and death. And it's chock fun of off-the-wall advice that can come in very handy when you turn forty, including:

1. How to act surprised at your surprise 40th birthday party
2. How to tell the difference between a mid-life crisis and a hangover
3. How to raise a family without raising your blood pressure
4. How to find your lost youth without hurting yourself
5. How to get through your high-school reunion without lying about your job

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