



# The Nanas And The Papas: A Boomers' Guide To Grand

*Zullo*

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## **The Nanas And The Papas: A Boomers' Guide To Grand Zullo**

When Kathryn and Allan Zullo learned they would be grandparents, they were thrilled. The next emotion the two fortysomethings felt was panic. "What do we really know about being grandparents?" they thought. "We're nothing like our own gray-haired grandmas and grandpas".

To help themselves and the growing numbers of baby boomers who now face the grandparenting experience, the Zullos set out to find out how the typical boomer nana and papa -- younger, healthier, wealthier, and better educated than their predecessors, not to mention more active and less formal -- could enjoy and contribute the most to their children and new grandchildren.

The result is *The Nanas and the Papas*, the first grandparenting book written by and for baby boomers. This fun, fact-filled volume taps America's top grandparenting experts -- and boomer nanas and papas -- to deliver advice on topics such as:

- Defining and changing the grandparent image and role
- Dealing with your adult children and their spouses
- Plugging in to high-tech grandparenting
- Making the most of time alone with your grandchild
- Dealing with blended and nontraditional households
- Sharing your financial assets

Good grandparenting isn't easy. But the Zullos and their team of experts ease the way for boomers, who will soon make up nearly half of all grandparents.

The Zullos, who live in Fairview, North Carolina, have coauthored three previous books together, and Allan has written or collaborated on nearly 70 nonfiction titles.

- This book helps boomers, who struggle with the concept that equates "grandparents" with "old", to redefine grandparenting to fit their youthful self-image.
- It also includes delightful lists such as things from boomers' childhoods that the grandkids likely will never see and names of '50s and '60s songs to sing instead of lullabies.
- Although Books in Print lists nearly 50 grandparenting titles, not one is written for boomers.

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