

## Open Your Mind, Open Your Heart: A collection of words of wisdom, heartfelt thoughts, and original poetry

W. Marie Giles



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"Open Your Mind, Open Your Heart", by new author, W. Marie Giles, gets you thinking about your own personal path toward a more positive lifestyle.

The book is packed with simple, yet thought-provoking wisdom in the form of short statements, upon which she briefly expounds, as well as her own heartfelt poetry.

The author's words of wisdom have something for everyone. Through them, she reveals her genuine concern for others and the state of the world. She implores the reader to think more about how they treat others and to make choices that move them forward, on a positive path, by assessing their own actions and behavior.

The poetry in this book is truly original. You are sure to be moved by the author's words on love, compassion, kindness, and even death and dying, as they relate to an open mind and heart.

One key characteristic of the book is that you don't have to read it from beginning to end -- though you may be inclined to do just that. You can open the book to any page and find something appropriate and interesting to digest. Use it as a part of your daily devotional or simply as a "pick me up" when you need a boost in attitude. However you approach it, this book would be an important addition to your quest toward selfdiscovery and a more positive lifestyle.

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