



Mindful (Volume 2)

Mr Donald C. Groves

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The year was 2001. Carmaleta's life was going better than she had thought it would. Ten years ago she met Charles Kevin Whiler in Chicago, under strange and distressing circumstances in the back seat of his Chevy Capri. Carmaleta was soaking wet from the down pour of rain. Cold and disoriented, she was covered with what was perceived as blood splattered all over her clothing. She slipped into the back seat of Charles' car as he slept on the Eisenhower Expressway, waiting for the rain to stop. Jake, the first novel of a trilogy, is a suspense filled mystery that starts the epic beginning of Mindful. The novel Mindful continues the suspense as the characters and murders evolve. Beginning where Jake ended, Loretta's motionless body is the outcome of a near fatal incident between her and the police. For a decade she laid still and unresponsive, but her subconscious mind was very much awake in her purgatorial cell. Carmaleta's world seemed perfect until that day she and Charles returned from their honeymoon in Bermuda. Without taking into consideration jetlag, Carmaleta hailed a cab and went straight to the hospital to tell her comatose sister all about the wedding. But as she walked through the door of the hospital room totally exhausted, all she could do was kiss Loretta and pull up a chair to rest. Carmaleta blinked her eyes and looked at her sister. She couldn't believe what she was seeing. After ten years in a coma, Loretta was lying on the bed with her fingers interlocked behind her head, eyes wide opened and staring at the ceiling. "Lo," Carmaleta whispered. "You're OK! Was she? Had Loretta miraculously awoken or was Carmaleta's fatigued mind playing tricks on her. The nights that followed consisted of nightmares of horrific murders for Carmaleta. They took her places her conscious mind could not conceive. But that's not all that took her places. Somnambulism, an extreme case of sleepwalking, took control of her Be mindful of your thoughts. Do they always come from your subconscious? Enter into the world of Carmaleta as she tries to decipher between what is real and what is not.

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