

The Woman's Book of Courage: Meditations for Empowerment and Peace of Mind

Sue Patton Thoele



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The Woman's Book of Courage: Meditations for Empowerment and Peace of Mind Sue Patton Thoele Now with an updated look and a larger format for easier reading, *The Woman's Book of Courage* is a little book with a big message - we can take charge of our lives, stop trying to please all of the (other) people all of the time, and live happily with ourselves and others right now. Since it was first published, *The Woman's Book of Courage* has touched the lives of hundreds of thousands of women.

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