

# The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less

Scott Haltzman, Theresa Foy DiGeronimo



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From the authors of the best-selling The Secrets of Happily Married Men comes the much-anticipated follow-up book The Secrets of Happily Married Women. In their first book, Dr. Haltzman and his coauthor Theresa Foy DiGeronmio outlined a recipe for men about growing a happy marriage: treat marriage with the same sense of purpose, resolve, and single-minded devotion that they have for their job. Although that workplace formula works well for men, an entirely different set of criteria resonate with women.

In The Secrets of Happily Married Women, Dr. Haltzman tells us stories from real women who are happy in their relationships. These women know how to get more out of their partners by doing less, by not trying so hard to make men perfect, not dragging them to couples therapy, not expecting them to think or behave like a woman. These are women from Dr. Haltzman's clinical practice and culled from thousands of contributors to his Web site www.HappilyMarriedWomen.com. They have learned to understand how men really work and tap into men's powerful hard-wired desire to please women and "be a better man."



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Spent a free time for you to be fun activity to try and do! A lot of people spent their free time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Can be reading a book is usually option to fill your no cost time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to try look for book, may be the e-book untitled The Secrets of Happily Married Women: How to Get More Out of Your Relationship by Doing Less can be good book to read. May be it may be best activity to you.

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