



**Crystals Box Set: The Best List Of Crystals And Their Meanings Plus Chakras for Beginners Guide to Help you Learn How to Balance Your Chakras and Heal ... and their meanings, chakras for beginners)**

*William Diaz, Ester Clark, Tom Hastings*

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## **BOOK #1: Crystals: The Best List Of Crystals And Their Meanings, Uses, Crystals Energy, Crystal Healing And Energy Fields**

There is a variety of crystals and their meanings which have been provided in this book .

The book will enable you to learn how power energy in the crystal stones is transmitted and the positive effects they have on your body and mind. How you can aid different aspects of your life by using the stone crystals with high healing properties.

Various ways in which the crystal stones can enhance your relationship with other people in your surrounding. How you can harness power from the crystal stones and use the energy to create prosperity and abundance in your life. Information on how the different crystal stones can enhance communication between you and other people around you. Different types of crystals can enhance your special healing.

### **Here is what you will learn after reading this book:**

- You will get information about the kind of ailments that can be healed by particular crystals
- The book will allow you to learn and discover the best gems that you can use to enhance joy in your day to day living
- The book will help you to get to improve your health by using one of the individual crystal stones that you will learn
- The best stones that you can use to concentrate when you are meditating
- You will learn about the types of crystals that can soothe your nerves and ensure that you have peace of mind
- You will get information that will help you to understand properties of different crystals and their composition

## **BOOK #2: Chakras For Beginners: Heal Your Mind and Body by Learning How to Balance Your Chakras, Align Your Energy, and Improve Your State of Being**

From the mystic ancient home of ancient India, to the cosmopolitan offices of the western world, Chakra balancing offers a rewarding experience to inner-peace that anyone can practice in the comfort of their very own home. In this guide, beginners will learn what a Chakra is, how it affects their mind and body and how to start learning about balancing these energy sources at home.

If you answered 'yes' to any of these questions then this is the guide for you! Requiring no other purchases, this guide shows how anyone can shake off troublesome emotions and thoughts and get started on a path to inner peace and contentment. Whether you're encountering stumbling blocks in the workplace or at home, you can open up the mind and body to better experiences and bounce-back from negativity sooner and with greater confidence through Chakra balancing.

h3>This questions are elaborated in the book:

- Suffer from reoccurring feelings of self-doubt?
- Have you ever felt like you have lost control of your emotions?
- Can't understand why you're finding it hard to connect to people around you?
- Want to take on the look and feel of confident leadership?

## **BOOK #3: Chakras: Opening Your Inner Energy Centers - The Ultimate Chakras for Beginners Guide to Help you Learn How to Balance Your Chakras**

Learning how to properly balance our inner energy systems is important. Life can often be very overwhelming. These overwhelming occurrences can often cause our chakras to become blocked. Once you are able to understand the meaning of a chakra and how it affects our life and our body, you will then be able to grasp how to balance these chakras and the energy the runs within us.

### **Learn about:**

- 7 Main Chakras
- How meditation interacts with each chakra
- The importance of keeping each chakra clear

# Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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