



A beleza da mulher a ser revelada (Portuguese Edition)

Fernanda Soares

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O que é beleza? O que é ser bela? Você se considera bonita?


A sociedade impôs às mulheres um padrão de beleza rígido e exigente, e a mídia, influente na formação de opiniões, o propaga com uma força avassaladora, usando-o para seus próprios interesses.

A mulher é exposta constantemente a modelos surreais e inalcançáveis de beleza, que chegam a ela por meio da televisão, das revistas e da Internet, e, comparando-se a eles, sente-se diminuída e feia.

Mas isso é justo? A beleza não pode ser definida apenas pela questão estética, e Deus criou cada mulher com características particulares que tornam impossível a comparação.

Baseando-se em uma rica pesquisa, em estudos e em entrevistas com outras mulheres e com especialistas de diversas áreas, Fernanda Soares, neste seu segundo livro, reflete sobre a influência da mídia, a definição de beleza, os padrões da sociedade atual e a percepção que as mulheres têm de si mesmas, apresentando, por fim, às leitoras a verdadeira beleza de ser mulher.

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