



# **The Psychology of the Recession on the Workplace (New Horizons in Management)**

*Cary L. Cooper, Alexander-Stamatios G. Antoviou*

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*'Two deep human needs are to master the world and to feel safe and secure. The Great Recession thwarted both needs for millions of people around the world. Cooper and Antoniou's global team of scholars address the psychological, economic, social, and other dimensions of our current crisis while charting paths whereby we can again satisfy these needs. Let us rise above the crisis and follow Aristotle's path to living well and faring well. This book offers a plan for doing so.'*

- James Campell Quick, The University of Texas at Arlington, US

An economic recession can affect the aggregate well-being of a population. This highly regarded and timely book shows a significant increase in the mean levels of distress and dissatisfaction in the work place in recent years.

In particular, increasing job demands, intrinsic job insecurity and increasingly inadequate salaries make substantial contributions to psychological distress, family conflict and related behaviors. The contributors reveal that the recession has fundamentally altered the way employees view their work and leaders. With employers and employees still facing a continued period of uncertainty, a severe impact on employment relations is a continuing reality.

Given the difficult economic times, many people are feeling the pressure to work harder. This book will be valuable for undergraduate students and practitioners in the fields of organizational behavior and human resource management.

**Contributors:** A.-S. Antoniou, C.C. Benight, K.A. Buchholz, R. Burke, D.A.J. Cable, R. Cieslak, M. Dalla, L. Fiksenbaum, A. Furnham, E. Georgiadi, M. Givalos, E. Greenglass, L.B. Hammer, I.L.D. Houtman, L. Jiang, H. Kahn, D. Karaj, L. Kashahu, B.D. Kirkcaldy, M.A.J. Kompier, L. Lu, A. Malach-Pines, D. Malinowska, Z. Marjanovic, G. Michailidis, G. Mohr, M. O'Driscoll, K. Otto, T. Probst, T. Rigotti, M.M. Schaffer, E.I. Shupe, R.R. Sinclair, E. Smoktunowicz, T.W. Taris, A. Tokarz, M. Trzebinska, A.F. Wagenaar, N. Zaidman

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