



Nursing Theory: Utilization & Application, 3e

Martha Raile Alligood PhD RN ANEF, Ann Marriner Tomey PhD RN FAAN

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This valuable text offers clearly defined and practical ways to integrate nursing theory into actual nursing practice. Intended as a companion title to *Nursing Theorists and Their Work*, *Nursing Theory* goes beyond the presentation of the theories to help readers determine concrete ways to apply these often abstract concepts in everyday practice.

- Designed as a companion title to *Nursing Theorists and Their Work*, this text helps readers apply complex nursing theories to realistic nursing situations.
- This is the only book that explores the moral and ethical meaning of nursing practice and with specific nursing duties.
- Features a recurring case study character - Debbie - to apply a variety of philosophies, models, and theories to this same patient, encouraging students to compare and contrast the various nursing care approaches presented.
- The student-friendly approach presents the content logically in three distinct parts: Part I: Conceptualization discusses the history of nursing's search for substantive knowledge and provides necessary background information to help readers understand and apply theory. Part II: Application contains 16 chapters, each designed as a critical thinking structure outlining an overview of a nursing theoretical work and illustrating that work through case application and critical thinking exercises. Part III: Expansion contains two chapters: one highlighting nursing practice areas for expansion of theory-based practice; and another issuing a challenge based on nursing values and the essential nature of theory-based nursing.
- Critical Thinking Exercises at the end of each chapter present a diverse offering of patients and cases and serve as ideal weekly threads for courses that are taught through distance education.
- The Application section presents theory as a guide for reasoning and decision-making. This approach helps clarify the critical thinking process for the reader through case studies, critical thinking tables, and end-of-chapter exercises, helping each student learn to personally apply each philosophy, model, and theory discussed.
- Links among philosophies, models, and theories build a sound knowledge foundation for practice and explain the evolution of nursing theory.
- Chapter 1, *The Nature of Knowledge Needed for Nursing Practice*, introduces a new period in nursing theory -the Theory Utilization Era - that highlights today's widespread use of middle range theory. The idea of middle range theory in a generic structure of knowledge is developed throughout the book.

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