



# **The Basics of Natural Eyesight Improvement - A Little Book For Fast Clear Vision: & Better Eyesight Magazine E-Book (Black & White Edition)**

*Clark Night, Dr. William H. Bates M.D.*

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Natural Eyesight Improvement based on the Bates Method, discovered by Ophthalmologist William H. Bates. (Black and White Version) The basic treatments that produce clear close and distant vision. A condensed version of the authors large book (Do It Yourself-Natural Eyesight Improvement-Original and Modern Bates Method). Easy to learn. Pictures for every step. Read and practice each step, activity to learn this method quick, in one day.

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+Better Eyesight Magazine by Ophthalmologist William H. Bates (Unedited, full set: 132 Magazines -July, 1919 to June, 1930.) Illustrated with 500 pictures and additional, up to date Modern Training.

+Original Antique Better Eyesight Magazine by Ophthalmologist William H. Bates. Photo copy of all his Original Magazine Pages. (Unedited, full set: 132 Magazines - July, 1919 to June, 1930.) Learn the Method, Treatments directly from the Original Eye Doctor that discovered Natural Eyesight Improvement!

+The Cure of Imperfect Sight by Treatment Without Glasses (Perfect Sight Without Glasses)by Dr. Bates (photo copy of all the original book pages) with pictures.

+Medical Articles by Dr. Bates - with pictures.

+Stories From The Clinic by Emily C. Lierman/Bates.

+Use Your Own Eyes by Dr. William B. MacCracken.

+Normal Sight Without Glasses by Dr. William B. MacCracken.

+Strengthening The eyes-A New Course In Scientific Eye Training In 28 Lessons by Bernarr MacFadden - with pictures & modern training.

+EFT Training Book.

+Clear Close Vision - Seeing Fine Print Clear.

+Ten Steps For Clear Eyesight without Glasses.

+Astigmatism Removal Treatments. +New additional books.

+Eyecharts - 15 Large, Small and Fine Print Charts for Clear Close and Distant Vision, White and Black Letter Charts, Astigmatism Test and Removal Charts.

+Audio and Video lessons in training chapters. 100 YouTube videos.

Dr. Bates discovered the natural principles, true function of the eyes and applied relaxation, natural methods to return the eyes, eye muscles, mind/brain, body (entire visual system) to normal function with healthy eyes and clear vision. Dr. Bates Better Eyesight Magazine stories, articles describe how Dr. Bates, Emily Lierman Bates, other Doctors, School Teachers, Bates Method Students/Teachers, Children and Parents used Natural Treatments to remove, correct, prevent many different eye problems without use of eyeglasses, surgery, drugs. The natural treatments they applied removed/prevented; unclear close and distant vision, astigmatism, cataracts, glaucoma, conical cornea, cornea scars, retinitis pigmentosa, detached retina, wandering/crossed eyes (strabismus) and other conditions.

See 'William H. Bates Author's Page' for entire Biography, Videos of internal book pages, description of the Paperback, 20 E-books. [amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt\\_athr\\_dp\\_pel\\_pop\\_](https://amazon.com/William-H.-Bates/e/B004H9DOBC/ref=ntt_athr_dp_pel_pop_)

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