



Nuclear War Survival Skills: Lifesaving Nuclear Facts and Self-Help Instructions

Cresson H. Kearny

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A field-tested guide to surviving a nuclear attack, written by a revered civil defense expert.

This edition of Cresson H. Kearny's iconic *Nuclear War Survival Skills* (originally published in 1979), updated by Kearny himself in 1987 and again in 2001, offers expert advice for ensuring your family's safety should the worst come to pass. Chock-full of practical instructions and preventative measures, *Nuclear War Survival Skills* is based on years of meticulous scientific research conducted by Oak Ridge National Laboratory.

Featuring a new introduction by ex-Navy SEAL Don Mann, this book also includes: instructions for six different fallout shelters, myths and facts about the dangers of nuclear weapons, tips for maintaining an adequate food and water supply, a foreword by "the father of the hydrogen bomb," physicist Dr. Edward Teller, and an "About the Author" note by Eugene P. Wigner, physicist and Nobel Laureate.

Written at a time when global tensions were at their peak, *Nuclear War Survival Skills* remains relevant in the dangerous age in which we now live.

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