



Who Makes Your Hormones Hum???

Hal A. Huggins

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Dr. Huggins' long-awaited book on hormonally-controlled human interactions!

Why do we like some people, and dislike others? Who are we attracted to, and who repels us? They are all nice people, it's just that we have "vibes" with some folks, and with others we don't. Why?

It's Who Makes your Hormones Hum! Dynamics of human interactions are dictated by genetics and are not subject to change. Logic has nothing to do with it. It's all in who makes your hormones hum.

Ever hear that opposites attract? It's true - if you are talking about hormones. This is not tall versus short, fat versus skinny, young versus old, but endocrine activity. Testosterone, estrogen, thyroid, pituitary - and more. If you are hyper active in one gland, you will be attracted to someone who is equal and opposite in activity of the same gland. Mother Nature is at work.

Your reactions to sales presentations of any kind are influenced by your hormone balance versus the hormones of whomever you are facing. You are selling all the time. You may be selling yourself, your ideas, your opinions, your products - whatever - every time you open your mouth.

In 1928, a friend of my Dad's came up to him at a college fraternity dance. "Introduce me to that gal," he asked. "She is the one I am going to marry." My Dad said OK, and led him up to her. "I want you to meet a friend of mine," he started. "Bob, this is Miss ... I'm sorry your name just slipped out of my mind" (primary because Dad had no idea who she was). 52 years later, Bob and Mary celebrated their 50th wedding anniversary. How did Bob know? Mary made his hormones hum. They had vibes.

"I can't figure out what makes you tick." Ever say that? That is because the object of your confusion has a different endocrine program interpreting the "obvious events" that you are both seeing - maybe even simultaneously. Interpretation is the result of endocrine action, not logic. You can learn to identify people's reactions before you meet them, just by observing their body form. Deposition of muscle and fat onto our skeletons is under endocrine control. Certain body shapes indicate the over or underactivity of those endocrine glands. When you know which glands are over or underactive, you will be better able to have a successful conversation, business deal, or personal relationships.

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Henry Jensen:

Often the book Who Makes Your Hormones Hum??? has a lot of information on it. So when you make sure to read this book you can get a lot of profit. The book was published by the very famous author. The author makes some research prior to write this book. This kind of book very easy to read you can get the point easily after reading this book.

Deborah Mele:

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Irving Brehm:

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Guillermo Behler:

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