

New Vegetarian: Bold and Beautiful Recipes for Every Occasion

Celia Brooks Brown



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Here, innovative young chef Celia Brooks Brown gives meat-free cooking a new lease of life. From quick weekday lunches, snacks, and dinners to sophisticated dinner parties, you'll find a feast of delicious recipes for every occasion. Inspired by the great vegetarian cuisines of Asia and the Middle East, as well as the Mediterranean, "New Vegetarian" is bold, bright, and beautiful. -Whether you're a strict vegetarian or a confirmed carnivore, "New Vegetarian will tranform the way you cook. -Includes step-by-step instructions and preparation methods. -Over 90,000 copies sold hardcover.



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