



# **Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life**

*Jeff Foster*

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As we open up to life and love and each other, as we awaken from our dream of separation, we encounter not just the bliss of existence, but its pain, too; not only life's ecstasy, but also its agony. Healing doesn't always feel good or comfortable or even "spiritual," for we are inevitably forced to confront our shadows, fears, and deepest longings—those secret parts of ourselves that we have denied, repressed, or deemed "negative" and unworthy of our love. How can we find the calm in the midst of the storm? How can we rest, even as the ground falls? *Falling in Love with Where You Are* invites you to discover a deep *YES* to your life, no matter what you are going through; to see crisis as an opportunity to heal, pain as an intelligent messenger, and your imperfections as perfectly placed. Through his prose and poetry, Jeff Foster will guide, provoke, encourage, and inspire you on your lonely, joyful, and sometimes exhausting pathless journey to the Home you never, ever left: the present moment. "Even in your glorious imperfection," Jeff reminds us, "you were always a perfect expression of life, a beloved child of the universe, a complete work of art, unique in all the world..."

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### **From reader reviews:**

#### **John Kuykendall:**

Spent a free time for you to be fun activity to perform! A lot of people spent their sparetime with their family, or their friends. Usually they carrying out activity like watching television, about to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something different to fill your own personal free time/ holiday? Can be reading a book might be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the reserve untitled Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life can be very good book to read. May be it is usually best activity to you.

#### **Jackie Lafond:**

Reading can called head hangout, why? Because if you are reading a book mainly book entitled Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life your head will drift away trough every dimension, wandering in each aspect that maybe unidentified for but surely will become your mind friends. Imaging just about every word written in a book then become one form conclusion and explanation this maybe you never get before. The Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life giving you another experience more than blown away your head but also giving you useful details for your better life within this era. So now let us demonstrate the relaxing pattern the following is your body and mind will likely be pleased when you are finished reading it, like winning a sport. Do you want to try this extraordinary paying spare time activity?

#### **Dee Alaniz:**

This Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life is fresh way for you who has intense curiosity to look for some information mainly because it relief your hunger of knowledge. Getting deeper you into it getting knowledge more you know or else you who still having little digest in reading this Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life can be the light food in your case because the information inside this book is easy to get by simply anyone. These books create itself in the form and that is reachable by anyone, yes I mean in the e-book form. People who think that in guide form make them feel drowsy even dizzy this e-book is the answer. So there is not any in reading a guide especially this one. You can find actually looking for. It should be here for a person. So , don't miss that! Just read this e-book sort for your better life and also knowledge.

#### **Dorothy Stanek:**

As a pupil exactly feel bored in order to reading. If their teacher questioned them to go to the library or even

make summary for some e-book, they are complained. Just minor students that has reading's heart and soul or real their pastime. They just do what the educator want, like asked to the library. They go to there but nothing reading significantly. Any students feel that looking at is not important, boring and can't see colorful pics on there. Yeah, it is to become complicated. Book is very important for you. As we know that on this era, many ways to get whatever we want. Likewise word says, ways to reach Chinese's country. Therefore , this Falling in Love with Where You Are: A Year of Prose and Poetry on Radically Opening Up To the Pain and Joy of Life can make you feel more interested to read.

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