



The Grace of Yes: Eight Virtues for Generous Living

Lisa M. Hendey

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Catholic new-media personality and bestselling author Lisa M. Hendey is fueled by a lifelong passion for her faith. In *The Grace of Yes*, she guides readers through pivotal moments of her journey and the eight virtues that have helped her--and will help readers--learn how to say yes to God.

Beloved Catholic blogger Lisa Hendey explores eight spiritual virtues that she believes are foundational to the Christian life. In opening windows to pivotal moments of her own spiritual journey, she helps readers learn about belief, generativity, creativity, integrity, humility, vulnerability, saying no, and starting over, and shows how these virtues lead to generous living and the ability to joyously say yes to God. Hendey reflects candidly on real-life struggles: the identity adjustment of leaving a blossoming career to become a stay-at-home mom; the temptation of Divahood as her online celebrity grew; the freedom and opportunities of empty-nest status versus the middle-aged body's pull to slow down; her encounters with spiritual community during treatment for cancer; and the contrast between the profound lingering grief she confronted at a Rwandan genocide memorial and the astounding willingness of survivors there to forgive. Readers encounter Hendey's own struggles and successes while soaking up her characteristic warmth and good advice. Hendey provides questions for personal reflection and a prayer to close the exploration of each virtue.

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