



# Sexual Healing: The Complete Guide to Overcoming Common Sexual Problems

*Barbara Keesling Ph.D.*

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**Sexual Healing: The Complete Guide to Overcoming Common Sexual Problems** Barbara Keesling Ph.D.

This expanded edition of *Sexual Healing* examines every known sexual problem and all possible treatments, including many that are new and experimental. The book includes more than 125 exercises for specific problems — including premature ejaculation, female sexual arousal disorder, low sexual desire, and sexual aversion — as well as a new section on advanced sexual healing for physical, emotional, and spiritual problems. Written by a sex therapist and surrogate partner with over 20 years experience, the book reflects the wisdom that comes from her unique perspective as a pioneer in the field of sexuality.

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