



Almost Vegetarian: A Primer for Cooks Who Are Eating Vegetarian Most of the Time, Chicken & Fish Some of the Time, & Altogether Well All of the Time

Diana Shaw

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A spirited, reliable, nondogmatic primer with more than 130 recipes for the ever-growing number of people who are eating and cooking semi-vegetarian fare. Offers everything from Chunky Lentil Soup with Parmesan to Peach Scone Cake--all served with an abundance of practical information and advice.

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