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Tom Butler-Bowdon

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50 Psychology Classics is a thinking person's guide to popular psychology. In a journey that spans 50 books, hundreds of ideas, and over a century in time, it explores important contemporary writings such as Gladwell's *Blink* and Seligman's *Authentic Happiness* as well as wisdom from key figures in psychology's development. Includes commentaries, biographical information, and a guide for further reading.

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