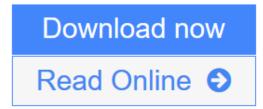


# Tea Cleanse and Detox: How Tea Can Accelerate Weight Loss, Get Rid of Toxins and Help You Reset Your Metabolism (Lose Up to 20 Pounds in Two Weeks)

Sarah Benson



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A simple, easy program that will leave you energized, fit and less flabby but costs just pennies? It sounds too good to be true but it is real. People around the world have woken up to the benefits of tea and now you can too!

We are not talking about the milky brown substitute for coffee so beloved by the British but the other teas that are drunk so often around the world. The delicate oolongs of China, the Green Teas of Japan and the herbal teas our great grandmothers knew about and used... Drinking these teas every day will help charge your metabolism and encourage your body to work more effectively to flush toxins from your system. You will start to have more energy, your body will be less flabby and the antioxidants in the tea will, potentially, add years to your life.

### Inside You Will Learn:

- How a tea cleanse program works
- How to prepare so that your cleanse is as effective as possible
- The many benefits of green tea
- How to make tea properly
- How to choose between a one and two step cleanse
- Food principals to support your cleanse
- Superfoods to make you feel super
- And Much More

Once you learn the secret power of tea there will be no stopping you. It will not only make your everyday life better, it will make you better.

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#### Joan Burton:

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#### Judy Young:

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#### Michelle Jennings:

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