

How-To-Forgive Someone: How-To-Forgive Yourself, And How-To-Forgive Others So You Can Move On And Begin To Enjoy Your Life Again! (Even If You Hate Their ... Because They've Royally Screwed You Over!)

Jim Knippenberg



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How-To-Forgive Someone: How-To-Forgive Yourself, And How-To-Forgive Others So You Can Move On And Begin To Enjoy Your Life Again! (Even If You Hate Their Stinking, Slime-Soaked Guts Because They've Royally Screwed You Over!) is a book that teaches you how to forgive so that you can move on with your life.

Sometimes the person we want to forgive doesn't want our forgiveness. Other times, it may be a loved one who has passed on before we have had the opportunity to make things right with them.

We can still learn to forgive that person so we can free up emotional and mental energy so we can instead go where we want to go in life and pursue our values and ideals instead of being stuck in "if only I could have..." or "I wish I could get even with so and so..."

The methods in this ebook will also work to help you to learn to forgive yourself so you can learn the positive lessons from your experiences and get on with your life.

Many people tell you that you should forgive, but they're short on methods of "how-to-forgive someone."

These methods put control back in your hands, puts the ball in your court, so you can have choice in life instead of being the victim of circumstances.

You will enjoy this book on how to forgive, learn a practical method of helping others to forgive from a real life story where I used covert hypnosis and NLP Techniques to help a family without their knowledge.

How-To-Forgive Someone: How-To-Forgive Yourself, And How-To-Forgive Others will be one of the finest investments you will make in your own life, and you and those you love will benefit from this information for years to come.



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Terry Hollis:

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